

What is facelift surgery?

If you are bothered by signs of aging in your face, facelift surgery may be right for you. Technically known as rhytidectomy, a facelift is a surgical procedure to improve visible signs of aging in the face and neck, such as:

- Sagging in the midface
- Deep creases below the lower eyelids
- Deep creases along the nose extending to the corner of the mouth
- Fat that has fallen or is displaced
- Loss of muscle tone in the lower face may create jowls
- Loose skin and excess fatty deposits under the chin and jaw can make even a person of normal weight appear to have a double chin

Rejuvenation procedures typically performed in conjunction with a facelift are brow lift, to correct a sagging or deeply furrowed brow, and eyelid surgery to rejuvenate aging eyes.

What facelifts won't do:

As a restorative surgery, a facelift does not change your fundamental appearance and cannot stop the aging process.

Is it right for me?

A facelift can only be performed surgically; non-surgical rejuvenation treatments cannot achieve the same results, but may help delay the time at which a facelift becomes appropriate and complement the results of surgery. Facelift surgery is a highly individualized procedure and you should do it for yourself, not to fulfill someone else's desires to try to fit any sort of ideal image.

Facelift surgery is a good option for you if:

- You are physically healthy
- You do not smoke
- You have a positive outlook and specific, but realistic goals in mind for the improvement of your appearance